

## **PRIMARY CARE PHYSICIANS**

### **Eau Claire Adult Internal Medicine**

4605 Monticello Rd, Columbia, SC 29203

Hours: Open 8:30 AM · Closes 4:30 PM

Phone: (803) 754-0151

### **Eau Claire Walk-In**

**4605 Monticello Road Building B, Suite 2. Columbia, SC 29203**

Phone: (803) 753-5590. Fax: (803) 753-5592

#### **Hours of Operation:**

Monday-Thursday 8:00am-5:30PM and Fridays 8:00am-4:00pm.

*For more information, please call 803.753.5590.*

## **VISION AND DENTAL SERVICES**

Well Partners Adult Dental & Vision

2000 Hampton Street Suite 3145, Columbia, SC

(Located in the Richland County Health Department)

Adult Oral & Eye Clinics

Eyes [803-888-1692](tel:803-888-1692)

Dental [803-888-1690](tel:803-888-1690)

Walk-ins are on Mondays, Wednesdays, and Thursdays starting at 8:15 am. It is recommended to arrive at 7:00am. There are no guarantees to being seen due to being first come first served setting.

Bring (1) SC ID/License, Pay Stub/W2 or Unemployed, EBT/Medicaid Card, Proof of Disability, Income, No Dental or Eye Insurance.

OR

Walmart Vision Center (your preferred location)

Forest Drive: (803)782-4761

Two Notch Rd.: (803)788-1597

Harbison Blvd.: (803)732-8663

**\*\*\* YOU WILL NEED TO CALL THE PHONE NUMBER TO YOUR PERFERRED LOCATION TO SCHEDULE AN APPOINTMENT\*\*\***

Medicaid covers adult eye exams and glasses, but for every 2 years only.

**DENTAL SERVICES:**

## SCDMH Community Resources Columbia Area – Richland County

### FAMILY DENTAL

2941 Two Notch Road, Columbia, SC

(803)251-2260

To schedule an appointment, you must schedule *in person* at this location

or

online at [dentaldreams.com](https://www.dentaldreams.com)

<https://www.dentaldreams.com/contact/>

-Where it says, “FIND YOUR LOCATION,” click on “South Carolina -Family Dental

-Select the “Two Notch Road” location to set up the appointment online and follow the prompts.

### **Eau Claire Family Dentistry at Monticello Road**

Address:

4605 Monticello Road Building C

Columbia, SC 29203

Phone: (803) 356-7102

Fax: (803) 875-8024

Hours of Operation:

Monday: 8:00 a.m. - 5:00 p.m.

Tuesday: 8:00 a.m. - 5:00 p.m.

Wednesday: 8:00 a.m. - 5:00 p.m.

Thursday: 8:00 a.m. - 5:00 p.m.

Friday: 8:00 a.m. - 2:00 p.m.

### **Eau Claire Family Dentistry**

Address:

3800 N. Main St. Suite C

## SCDMH Community Resources Columbia Area – Richland County

Columbia, SC 29203

Phone: (803) 705-3169

Fax: (803) 705-3170

### **Hours of Operation:**

Monday: 8:00 a.m. -5:00 p.m.

Tuesday: 8:00 a.m. - 5:00 p.m.

Wednesday: 8:00 a.m. - 5:00 p.m.

Thursday: 8:00 a.m. - 5:00 p.m.

Friday: 8:00 a.m. - 12:00 p.m.

## DENTURES AND IMPLANTS

### **Affordable Dentures & Implants**

2123 Broad River Rd, Columbia, SC 29210

(803) 702-4036

## FOOD ASSISTANCE

St. Luke Episcopal

3600 Devine Street Columbia, SC 29205

803.254.7646

[info@stjosephcolumbia.org](mailto:info@stjosephcolumbia.org)

Food assistance (Each Thursday)

From 9am-12pm

Christ Central

2401 Main St. Columbia, SC

(803)765-1998

Food Distribution on Wednesdays from 9am-11 am (assistance offered every 30 days)

SCDMH Community Resources Columbia Area – Richland County

-Must have Richland County ID

HARVEST HOPE FOOD BANK

2220 Shop Rd, Columbia, SC 29201

Hours: Opens 9 AM- 1PM Monday – Thursday, Fridays 9AM-12pm

Phone: (803) 254-4432

CLOTHING:

Cooperative Ministries

3821 West Beltline Blvd, Columbia, SC

(803)799-3853

\*\* Intake: Monday-Thursday (9am-2pm) \*\*

St. Luke's Episcopal Church

1300 Pine Street Columbia, SC 29204

Wednesdays (9am-12pm)

Salvation Army

3024 Farrow Road

Columbia, SC 29203

Phone: 803-765-0260

Email: [midlandsSC@uss.salvationarmy.org](mailto:midlandsSC@uss.salvationarmy.org)

EDUCATION:

Richland County Adult Education

Richland County-Adult & Community

## SCDMH Community Resources Columbia Area – Richland County

Adult education school

2612 Covenant Rd , Columbia, SC·

(803) 343-2935

\*\*\* Closed the week of July 1st, will resume office hours Monday July 8th, 2024\*\*\*

Richland One GED Testing Center

Educational testing service

2612 Covenant Rd , Columbia, SC·

(803) 251-4512

EMPLOYMENT:

Vocational Rehabilitation Columbia (main office)

516 Percival Rd · (803) 782-4239

Open · 8:30 AM Closes 5 PM

Work In Progress. Inc. Employment Program

1111 Belleview St. Suite 101, Columbia, SC 29201

(803)758-0066

### UTILITY RESOURCES

1. Dr. Irwin E. Phillips FUND

\*\*\*Will need to Complete the application\*\*\*

2. St. Vincent De Paul

(803)799-0761 must call between 5:45pm – 6:30pm (2nd Tuesdays on the month only)

-Assistance given every 6 months

-Must be facing a disconnection notice

3. Salvation Army

3024 Farrow Road

## SCDMH Community Resources Columbia Area – Richland County

Columbia, SC 29203

Phone: 803-765-0260

Email: [midlandsSC@uss.salvationarmy.org](mailto:midlandsSC@uss.salvationarmy.org)

### 4. The Cooperative Ministry

Address: 3821 W Beltline Blvd, Columbia, SC 29204

Phone: (803) 799-3853

#### Hours:

Monday 9 AM–5 PM

Tuesday 9 AM–5 PM

Wednesday 9 AM–5 PM

Thursday 9 AM–5 PM

Friday 9 AM–12 PM

### 5. Wateree Community Actions (Customer Care)

1915 Harden Street

Columbia, SC 29204

(803) 807-9811

<https://www.wcai.org/> Wateree Community Actions, Inc

\*\*\* Call for more information and to schedule an appointment\*\*\*

### 6. Goodwill

9630 Two Notch Rd, Columbia, SC 29223

(803) 865-6505

## SUPPORT GROUPS

Nami/ Mid-Carolina: There is a calendar for all local in-person and online support groups.

## SCDMH Community Resources Columbia Area – Richland County

### TUESDAYS

July 2 @ 6:00 pm - 7:30 pm EDT NAMI Connection Support Group (In-Person)

NAMI Connection Support Group (Tuesdays; In-Person)

Trenholm Road United Methodist Church (Room 110) 3401 Trenholm Road, Columbia, SC, United States

NAMI Connection Recovery Support Group is a free, peer-led support group for any adult who has experienced symptoms of a mental health condition. You will gain insight from hearing the ... Read more

### THURSDAYS

July 4 @ 6:00 pm - 7:30 pm EDT NAMI Connection Support Group (In-Person)

NAMI Connection Support Group (Thursdays; In-Person)

Redeemer Lutheran Church 525 St. Andrews Road, Columbia, SC, United States

Every Thursday (except the 2nd Thursdays) NAMI Connection Recovery Support Group is a free, peer-led support group for any adult who has experienced symptoms of a mental health condition. You ... Read more

<https://namimid-carolina.org/events/category/nami-connection/list/>

### HEARING AIDS/FREE HEARING TESTS:

#### HEARING HEALTHCARE OF SOUTH CAROLINA

1175 Sunset Blvd, West Columbia, SC 29169

(803) 888-4631

#### MIRACLE EAR HEARING AID CENTER

110 Forum Dr Suite 2, Columbia, SC 29229 (Sandhills location)

(803) 973-7670

1230 Bower Pkwy Ste B3B, Columbia, SC 29212 (Harbison location)

SCDMH Community Resources Columbia Area – Richland County

(803) 973-7587

HEARING LIFE OF COLUMBIA SC

4711 Forest Dr, Columbia, SC 29206

(803) 849-8005

PODIATRIST:

Eau Claire Podiatry

3800 N Main St B, Columbia, SC 29203

Phone: (803) 705-3172

Hours:

Wednesday 8:30 AM–4:30 PM

Thursday 8:30 AM–4:30 PM

Friday 8:30 AM–4:30 AM

Saturday Closed

Sunday Closed

Monday 8:30 AM–4:30 PM

Tuesday 8:30 AM–4:30 PM

Palmetto Podiatry Associates

1730 Henderson St., Ste. B

Columbia, SC 29201

803.376.1717 phone

HOURS: Monday-Thursday: 8am-5pm & Friday: 8am-1pm

Palmetto Podiatry Associates, LLC participates with most medical insurance plans including but not limited to:

- Aetna

## SCDMH Community Resources Columbia Area – Richland County

- Blue Cross Blue Shield (State, Federal, BlueChoice, HMO and PPO)
- Cigna
- Humana
- Medicare
- PAI
- Tricare
- United Healthcare

If your healthcare plan is not listed above, please call our office at (803)376-1717 to learn if we are a participating provider.

### CHILDCARE:

#### **SC Child Care** *(Formerly ABC Voucher Program)*

1535 Confederate Ave.

Columbia, SC 29201

**803-898-2570**

<https://benefitsportal.dss.sc.gov/>

### TRANSPORTATION:

MODIVCARE | A Resource for South Carolina Health Connections Members

SC Region 2: 1-866-445-6860

Aiken, Allendale, Bamberg, Barnwell, Calhoun, Chester, Clarendon, Fairfield, Kershaw, Lancaster, Lee, Lexington, Newberry, Orangeburg, Richland, Sumter, York counties.

\*\*\* members must call to reserve a ride at least 3 business days before the scheduled appointment. Urgent trips or hospital discharges may be accepted with less than 3 days' notice.

The following information is needed when booking a ride:

- Healthy Connections Medicaid ID#
- Name and address of medical provider
- Appointment day and time

\_Pickup time and location

SALVATION ARMY (Accessing a Donated Vehicle)

3024 Farrow Road

Columbia, SC 29203

Phone: 803-765-0260

Email: [midlandsSC@uss.salvationarmy.org](mailto:midlandsSC@uss.salvationarmy.org)

\*\*\*Complete and submit the application online\*\*

### **Steps to Access a Donated Car from Salvation Army**

If you're in need of a donated car and want to take advantage of the Salvation Army's Vehicle Donation Program, here are the steps to follow:

1. **Eligibility Requirements:** Before applying for a donated car, make sure you meet the eligibility criteria set by the Salvation Army. This may include proof of income, identification documents, and other necessary information.
2. **Applying for a Donated Car:** Once you've confirmed your eligibility, visit the Salvation Army's website, or contact your local branch to start the application process. You'll be asked to provide personal details and explain why you need a vehicle donation.

Accessing a donated car from the Salvation Army is not only beneficial for individuals in need but also helps support their charitable programs across communities. By following these steps and meeting their requirements, you can increase your chances of receiving assistance through their Vehicle Donation Program.

### **Eligibility Requirements**

To access a donated car from the Salvation Army, there are a few eligibility requirements you need to meet. First, you must be in need of transportation and not have any other means of acquiring a vehicle. Additionally, you must have a valid driver's license and provide proof of insurance.

Furthermore, the Salvation Army typically prioritizes individuals or families who are facing financial hardship or going through specific life circumstances such as homelessness or domestic violence. They may also consider factors like your employment situation and whether owning a vehicle would greatly improve your quality of life. These requirements ensure that the donated vehicles go to those who truly need them most.

### **Applying for a Donated Car**

Applying for a Donated Car from the Salvation Army is a straightforward process that can help individuals and families in need of reliable transportation. To start, you'll need to gather the necessary documents, such as proof of income and identification, to demonstrate your eligibility. Once you have these ready, you can submit an application either online or in person at your local Salvation Army center.

The application will ask for information about your current situation and why you are in need of a donated car. Be honest and thorough when answering these questions, as it will help the Salvation Army assess your needs and determine if you qualify for their program. Remember to provide accurate contact information so they can reach out to you with any updates or further requirements.

By following these steps, you'll be one step closer to accessing a donated car through the Salvation Army's Vehicle Donation Program. Keep in mind that there may be limited availability and certain criteria that must be met. Stay positive throughout the process, knowing that every effort made toward securing reliable transportation brings hope for a brighter future!

### **Selecting a Suitable Vehicle**

When it comes to selecting a suitable vehicle from the Salvation Army's donation program, there are a few factors to consider. First, you want to choose a vehicle that meets your specific needs and requirements. Think about things like size, mileage, and features that are important to you.

It's essential to take into account your budget. While donated vehicles may come at a lower cost compared to buying new or used cars from dealerships, they still have associated expenses such as registration fees and potential repairs or maintenance. Take some time to evaluate what you can afford and make sure the chosen vehicle aligns with your financial situation.

Remember that each donated car is unique in terms of its condition and history. Take advantage of any available information provided by the Salvation Army regarding the vehicle's age, mileage, maintenance records (if available), and overall condition. This will help you make an informed decision before finalizing your selection.

Selecting a suitable vehicle from the Salvation Army's donation program involves considering factors such as your personal needs, budget constraints, and evaluating relevant information about each car's condition. By taking these aspects into account

during the selection process, you can find a donated car that meets both your practical requirements and financial capabilities

### **Ways to Support the Salvation Army's Vehicle Donation Program**

If you're passionate about helping those in need and want to support the Salvation Army's vehicle donation program, there are several ways you can get involved. One way is by spreading the word about this program through your social media platforms or by sharing information with friends and family.

Another way to support the program is by volunteering your time or skills. The Salvation Army often needs volunteers to assist with various tasks related to vehicle donations, such as conducting inspections or transporting donated vehicles. By offering your assistance, you can contribute directly to the success of this program and make a difference in someone's life.

Remember, supporting the Salvation Army's vehicle donation program not only helps provide reliable transportation for those in need but also supports their broader mission of providing assistance and hope to individuals facing hardships. So, whether it's through spreading the word or volunteering your time, every effort counts towards making a positive impact on someone's life.

### **Other Resources for Donating Vehicles**

When it comes to donating vehicles, the Salvation Army is just one option. There are many other resources available for those who want to make a difference through vehicle donation.

One alternative is Goodwill Industries, which accepts donated vehicles in some areas. Another option is Wheels For Wishes, a nonprofit organization that benefits children's charities. Additionally, there are online platforms such as Donate A Car and Charity Motors that connect donors with charities in need of vehicles.

By exploring these other resources, you can find the best fit for your charitable goals and ensure that your donated vehicle goes to those who need it most. So, if you're ready to give back and make a positive impact through vehicle donation, consider these alternatives alongside the Salvation Army's program!

### **Conclusion**

Acquiring a free car from the Salvation Army can be a life-changing opportunity for individuals facing economic hardships. By following this step-by-step guide, you can navigate the application process with confidence, increasing your chances of receiving the

## SCDMH Community Resources Columbia Area – Richland County

support you need. Remember, the Salvation Army is committed to helping those in need, and their free car program is just one of the many ways they contribute to building stronger, more resilient communities.

### PSYCHOLOGICAL TESTING

#### **USC PSYCHOLOGY SERVICES CENTER**

1331 Elmwood Ave. Suite 140

Columbia, SC 29201

Hours: Monday-Thursday 9am to 8pm      Friday 9am to 4:30pm

Phone: (803)777-7302

Fax: (803)777-7363

A clinician sits in a private room with a family of three. They are sitting on comfortable furniture while the child plays and the adults talk.

#### Psychology Services Center

The Psychology Services Center (PSC) is a mental health clinic serving patients in Columbia, South Carolina, and the surrounding Midlands region. We are also a training and research facility of the psychology department at the University of South Carolina.

Our mission is to serve as a low-barrier mental health resource for underserved community members through the provision of affordable, evidence-based intervention.

#### Our Services

We provide therapeutic intervention and psychological assessment to children, families, couples, and individual adults through our sliding-scale payment structure to keep services affordable.

We provide intervention services to clients with:

- Attention difficulties
- Anxiety or worry

## SCDMH Community Resources Columbia Area – Richland County

- Behavioral challenges
- Coping with traumatic life events
- Couples therapy
- Depression
- Difficulties adjusting to life circumstances (e.g., divorce, loss, work stress)
- Social Skills
- Traumatic life events
- Other presenting concerns
- Our assessment and evaluation services focus on:
  - Academic and/or testing accommodations
  - Attention deficit hyperactivity disorder (ADHD)
  - Autism Spectrum Disorders and developmental disabilities
  - Comprehensive Psychological Evaluations
  - Disability applications
  - Learning disabilities
  - Traumatic brain injury

### **BUS PASSES**

Path Of Life Christian Church

2062 N Beltline Blvd.

Columbia, SC 29204

BUS PASSES to get to Job Interviews or Dr Appointments.

Contact Janice [803-381-8484](tel:803-381-8484) for Details.